

BREAKFAST

CURD

WITH FRESH FRUITS AND NUTS

- I. Stir the curd with the milk in a bowl until smooth, then add the oat flakes, nuts and cocoa nibs.
- II. According to personal preferences, refine with vanilla and cinnamon.
- III. Cut the fruits into small pieces and add to the curd mix.

GIVE IT A TRY:

Various nuts, fruits like blueberries, apples, mandarins.

INGREDIENTS:

250g curd
2tbsp Milk
2tbsp Oat flakes
2tbsp chopped nuts
Cocoa nibs
Cinnamon
Vanilla
1 portion of fruit

 Preparation time: 5min

