



SNACKS

# GINGER TEA

WITH FRESH LEMON

I. Cut 6-8 slices from the ginger tuber and place in a cup. Brew the ginger with boiling water and let it steep for 8-10 minutes. If possible, cover the cup with a plate.

II. After the infusion time take out the ginger and add the juice of a ½ lemon and the mint leaves.

## INGREDIENTS:

6-8 slices of fresh ginger  
Juice ½ Lemon  
300ml water  
mint leaves



Preparation time: 3min

## GIVE IT A TRY:

If you want to vary the tea taste, you can brew any tea bag in the cup together with the ginger. Lemon, orange, berry or mint tea is particularly suitable for this.